

Diocese of York Training E-bulletin

September 2018

No 74

Clergy & Reader CMD

NEWLY LISTED THIS MONTH

Fit for Post
Planning Mission Events
The Place of Silence in Discipleship
Church Building Projects
Wydale Hall 6 events
St Bede's Pastoral Centre 1 event
Mirfield Centre 8 events
Holy Rood House 2 events

TRAINING RESOURCES BOOKLET

The new Training Resources booklet will be hitting your doormats during the first half of September. As well as a wealth of events that have been planned through 2018 -19, this will also mark the transition to Eventbrite as a means of booking attendance for most diocesan events. Do not fear - There'll be more details in the booklet!

DIOCESAN TRAINING EVENTS

OPEN THE BOOK REFRESHER TRAINING

Refresher day for those who haven't been to training in three years or more. Led by Martha Flavell, the regional Bible Society Training & Development Officer

Tuesday 4th September 2018, St Laurence's, Scalby, 9am-12noon

For info or to book a place email enquiries@openthebook.net with event date and names of the attendees or call 01793 418355

ANNUAL CLERGY RETREAT 2018 **Places still available!**

'Who are you?' - Developing and sustaining character in ministry
Retreat to be led by Revd Dr Gavin Wakefield.

The Christian tradition is packed with great riches of reflection and examples we can still learn from. One text, of great

influence in the past but less well-known now, is the Pastoral Rule of Pope Gregory the Great. Gregory, who initiated a renewed mission to England in the late 6th century, was concerned to raise the standard of parish clergy and to offer practical advice. This wonderful book is full of insight on the character and behaviour of those called to public ministry, as well as providing the most detailed advice from the early years of the Church on how to give spiritual guidance to all kinds of people.

Mon 24th (4pm) – Thurs 27th (2pm) September 2018

at Wydale Hall, nr Scarborough. Cost £80. This is approximately 1/3rd of the actual rate. The rest of the cost will be met by the Diocesan training budget. (*Serving clergy can claim up to the equivalent of one year's CMD allowance within a triennium (i.e. £240) towards the costs of retreats.*) More details [here](#).

R.E. AND UNDERSTANDING CHRISTIANITY BRIEFING

This briefing session for clergy and governors will explore the place of RE in a Church school in line with the national Statement of Entitlement for RE. It will also give an overview of the Understanding Christianity resource which aims to support pupils developing their understanding of Christianity, as a contribution to their understanding of the world and their experience within it.

Tuesday 25th September 2018 7.00pm – 9.00pm, Diocesan Office, York. To book, click [here](#).

GETTING STARTED WITH PRAYER SPACES IN SCHOOLS

Interested in getting started with your first Prayer Space? This is for you! Since 2007 over 3000 prayer spaces have been run in primary schools, secondary schools and colleges around the country. This training is for anyone interested in running a prayer space in either primary or secondary schools.

You'll learn about what prayer spaces are and how they work, with stories and examples from people and parishes who have already run prayer spaces. There will be time to explore a range of prayer space activities suitable for schools with training on the practical steps required to set up and run an engaging safe and appropriate prayer space in a school setting.

Thursday 4th October 2018 St. Mary's Church Old Malton 7-9pm

(To be repeated in York: Wed 20th March 2019 Diocesan Off. 7-9pm & Tues 21st May 2019 at the Mission and Seafarers Centre, Whitby. 7-9pm
For further information or to book a place email Olivia Seymour
Olivia.Seymour@yorkdiocese.org

MEETING WITH PAIN

The day 'Meeting with pain' will explore how we might learn to live abundantly, even if pain or dis-ease is a central feature of life. It will look at the issues that living with chronic pain can raise from the point of view of those who suffer and those who care for them or are alongside them in any capacity.

led by Sr Rachel Overton.

Monday 15 October 2018 10am – 4pm

Diocese of York, Amy Johnson Way, Clifton Moor, York YO30 4XT
The Day is open to Clergy, Readers, those involved in Pastoral Care, Healing Ministry or Spiritual Accompanying and those who experience chronic pain themselves. More details [here](#).

FIT FOR POST

This diocese has a two-year rolling programme for those new in post or to the diocese, which participants can join at any point. This course is delivered through two 24 hour residential each year.

The remaining residential this year is as follows:

Tuesday 16th – Wednesday 17th October 2018

(lunch until 3.30pm inclusive)

Please note that the sessions and timings have been recently swapped round.

Tuesday 10.30am – 12.45pm 2pm – 3.30pm & 4pm – 5pm

THE CARE OF CHURCH BUILDINGS

These sessions are led by Mr Keith Halliday, the new Diocesan Church Buildings Officer.

Tuesday 7.15pm – 9.30pm

PARISH DEVELOPMENT RESOURCES

Led by Terry Joyce & Angela Bailey from the Diocesan Training Team.

Wednesday 9.30am – 11am, 11.30am – 12.45pm

DEVELOPING VOCATION AS A MEANS OF GROWTH.

Led by Angela Bailey & Terry Joyce from the Diocesan Training Team.

For more details, click [here](#).

MENTAL HEALTH ISSUES IN PASTORAL CARE AND SPIRITUAL ACCOMPANIMENT

Areas to be covered during this day: Brief introductions to depression, anxiety, OCD & Psychosis. What pastoral support is it practical to offer? Boundaries, responding to aggression and threatening behaviour, referral, spiritual issues. The day is led by Andrew De Smet, Pastoral Care Adviser in the Diocese of York, an Anglican priest, counsellor/ psychotherapist, mediator and spiritual director and Mark Brosnan, who was a mental health nurse and is Vicar of Kirkbymoorside benefice.

Wednesday 14th November 2019 9.45am for 10am – 4pm.

York Diocesan Office, Amy Johnson Way, Clifton Moor, York YO30 4XT. Lunch is included. There is no charge to participants from York Diocese. For further details click [here](#).

The Day is open to Clergy, Readers, those involved in Pastoral Care, Healing Ministry or Spiritual Accompanying.

QUIET GARDEN MOVEMENT

A Regional gathering for those interested in the Quiet Garden movement.

Saturday November 3rd 10- 4pm St Bede's Centre York .

Contact suenightingale3@gmail.com for more details.

OPEN THE BOOK 'AIR AND SHARE'

A day to air concerns, questions and share props and costume ideas and share about what is going on with your team. Led by Martha Flavell, the regional Bible Society Training & Development Officer

Monday 12th November 2018 1pm – 3.30pm

St Mary's, Cottingham, Hull. For info or booking email enquiries@openthebook.net with event date and names of the attendees or call 01793 418355

PLANNING MISSION EVENTS

With recent experience of the Archbishop's Deanery Missions, which included many and varied mission events and with the encouragement of the 'Leading Your Church into Growth' course to consider planning events throughout the year in our churches to invite people to, this session focusses on the 'how to' of running such events, including, keeping an evangelistic 'edge'. These sessions, are led by Revd Matt Woodcock, Diocesan Mission Enabler and The Ven. John Day, the Archbishop's Adviser in Mission Strategy and Church Revitalisation and Priest-in-Charge of St Chad's York..

Monday 19th November 2018 10am – 12.30pm OR

Monday 19th November 2018 7pm – 9.15pm

Both sessions at the Diocesan Office, Amy Johnson Way, Clifton Moor, York. YO30 4XT

Open to all.

THE PLACE OF SILENCE IN DISCIPLESHIP

A Christian response to mindfulness and meditation.

How can we connect again with what saints of old have referred to as 'the first language of God, silence'? How can we connect our churches with the current and popular search for mindfulness and stillness and be fully Christian in our practice?

These and other questions will be explored by the Revd Clay Roundtree, Vicar of Ingleby Barwick, who will draw from our rich heritage of meditation and contemplation from the example of Christ and in the early church and how these prayerful arts are being presented to the current generation through the World Community for Christian Meditation as well as through the Centre for Action and Contemplation and others. There will be a time of worship centred on a significant time of silence, with thoughts on how to begin a Christian Meditation group or a meditation group with children.

Tuesday 20th November 2018 7.00pm – 9.15pm

Diocesan Office, Amy Johnson Way, Clifton Moor, York YO30 4XT
OR

Thursday 22nd November 2018 10am – 12.30pm

St Mark's Church, Rawcliffe, York. YO30 5US

PRE-RETIREMENT COURSE

We encourage clergy and spouses to attend a Pre-Retirement Course several years before they are due to retire, to get the maximum benefit from the advice given. Our next course is shared with The Diocese of Leeds and takes place at Wydale **10am Thursday 22nd – 2pm Friday 23rd November 2018**. Early booking is recommended as we will be expected this course to be full! For more details see [here](#).

CHURCH BUILDING PROJECTS: PURPOSE, PLANNING, PROCUREMENT

This workshop is offered by the National Stewardship & Resources Team for churchwardens, PCC members, Treasurers, clergy, Building Committee Members, Project Managers and others involved in starting a building project in your church or church hall. Attending this workshop will help you to benefit from the collective wisdom of experts and of people who have been involved in successful projects in the past.

We will focus on six big questions:

- How do you get project scope right and to budget?
- What organisations do you need to involve and how do you work with them effectively?
- How do you organise and how do you find the right professionals?
- The practical processes and things to avoid – what are they?
- What must you do, and what ought you to do?
- Raising the money – how do you budget it and how not to waste it?

Monday 26th November 2018 10am – 4pm Lunch Provided

Diocesan Office, Amy Johnson Way, Clifton Moor, York. YO30 4XT

TO SIGN-POST TO OTHERS

RETHINKING WORLD MISSION WITH USPG THROUGH YOUR LOCAL CHURCH

Come and find out how your church can join in and make a difference to the mission of the world church. USPG North East Regional Gathering - Keynote speaker: The Revd Duncan Dormor, General Secretary, USPG.

Saturday 29 September 2018, 10am-4pm

Trinity Centre, North Ormsby, Middlesborough, TS3 6LD

FREE event – lunch and refreshments included. Please RSVP with any dietary requirements to Helen Dawe at ehdawe@hotmail.co.uk or call 01904 264784 by Monday 17 September

EVENTS ORGANISED BY OTHERS

WYDALE HALL

please book direct with Wydale

<http://wydale.org/events/> or 01723 859270.

PRAYER AND PAINTING (CREATIVE ARTS RETREAT MOVEMENT)

For experienced painters or those who are new to it.

Mon, Sep 10, 2018 3:00 PM to Fri, Sep 14, 2018 10:00 AM

Led by Martin Cottam and Christine Dodd

Cost: £330 to include full board and tuition

WORKING TOGETHER 3: WORKING UNDER PRESSURE

Come with your team, large or small (clergy and/or lay) and find out about the theory and practice of working with people.

Tuesday, October 2, 2018 9:45 AM 4:00 PM

Led by Helen Lawrence and Mark Rance

Cost: £25.00 per person (discounts for teams of more than 4)

AUTUMN RENEWAL DAY 2018

Thursday, October 4, 2018 10:30 AM 3:30 PM

Speaker: Ven Sarah Bullock, Archdeacon of York

Cost: No charge, but donations for lunch welcome

UNDERSTANDING YOURSELF AND OTHERS

Find out more about the Myers Briggs Type Indicator, about yourself and how you tick and about how this understanding might help you to communicate with others better.

Saturday, October 20, 2018 9:45 AM 4:45 PM

Led by Helen Lawrence

Cost: £25.00 to include lunch and all refreshments

DISCERNING LEADERSHIP - PUTTING GOD BACK AT THE HEART OF MISSION

A study day on discernment.

Thursday, November 1, 2018 9:45 AM 4:00 PM

Led by Bishop Graham Cray

Cost £25.00 to include lunch and all refreshments

EXPLORING THE SACRAMENTS

A day to explore the importance of the Church's Sacramental life.

Tuesday, November 13, 2018 9:45 AM 4:00 PM

Led by Bishop Glyn Webster

Cost: £25.00 to include lunch and all refreshments

ST BEDE'S PASTORAL CENTRE

<http://www.stbedes.org.uk>

THEOLOGY FOR A FRAGILE EARTH

Sat 24th Nov, 10-4pm

A study day on eco-theology, illustrating both its variety and its commonality across different Christian theological divides. What Biblical texts are important in the context of climate change and biodiversity loss? What are the specific contributions of Catholic social thought and Laudato Si' to theology and environmental

practice? Celia is Professor in Theology at the University of Notre Dame, IN, USA & is honorary visiting Professor in Theology & Science at the University of Durham.

THE EBOR LECTURES 2018

Peace and Reconciliation

The theme of the 2018 Ebor Lectures is 'Peace and Reconciliation' marking the centenary of the ending of World War I.

JULIE NICHOLSON 7:00pm, 3 October 2018

Julie Nicholson's lecture will draw on personal narrative and experience in exploring the choices people make about how to live and thrive in the shadow of death and trauma, including the complex area of forgiveness. Julie is a writer and an ordained priest in the Anglican Church. Following the sudden death of her eldest daughter in the London bombings on the 7th July 2005, Julie resigned her post as a parish priest to attend to the demands of bereavement and family support in what was a high-profile terrorist attack.

MIRFIELD CENTRE

www.mirfieldcentre.org.uk

- **JOURNALLING RETREAT**

21 – 23 September 2018

Led by Barbara Clarke, Associate CR. See [here](#).

- **GYPSIES AND TRAVELLERS**

Saturday 22 September 2018

10.00am-3.30pm. Led by Robert Dawson. See [here](#).

- **AUTUMN INDIVIDUALLY GUIDED RETREAT**

Sunday 30th September – Sunday 7th October 2018

Following your own path but meeting daily with an experienced guide.

- **MUSIC RETREAT**

Friday 12 – Sunday 14th October 2018 £125

As summer gives way to autumn, enjoy this Holy time to reflect, with the help of some of the great composers. Led by Br Philip CR.

- **BLUE PLANET, BLUE GOD**

Saturday 13th October 10am – 3.30pm £22 includes lunch
In this study day we will explore how environmental insights on the sea also connect the ocean with other key issues of broader concern – spirituality, economics, chaos and our place in the world. Leader: Rebecca Watson, Author.

- **FULL OF CHARACTER**

Tuesday 16th October 2pm – 4.30pm £9 including tea.
Educating the Digital Generation for a Humane Future.
Leader: The Very Revd Frances Ward, theologian and writer.

- **DIGGING INTO THE PSALMS** Clergy Retreat

Mon 22 – Thurs 26 October 2018 £250

Leader: Fr George CR

- **EXPLORING SILENCE – The heart of Prayer**

Sat 27th October 10am – 3.30pm £22 inc lunch

Leader: Dr Alison Woolley, Director of Seeds of Silence

THE BRIERY R.C. RETREAT CENTRE, ILKLEY

www.briery.org.uk 01943 607287

- **BORN TO FLY** - A day of reflection and exploration. We are living through times of immense and unpredictable change and many of us are struggling to plot a spiritual path through this landscape. Leader: Margaret Silf. Cost: £30 per person – includes tea/coffee and 2-course lunch.

Tuesday 18th September 2018

HOLY ROOD HOUSE

www.holyroodhouse.org.uk

Trauma Training Day

'Psychotherapy, psychoeducation and neuroscience

With Linda Hill

Saturday 15th September 2018

'Finding the Still Point' Retreat
With Helen Warwick
19th – 21st October 2018

CONSULTANCY IN MISSION & MINISTRY – CRANMER HALL

We are delighted to offer training in consultancy skills for church-based contexts. This is relevant and accessible to any whose ministry involves consulting or advisory roles at a level wider than the individual church. The course is taught in two residential blocks in Durham by the Revd David Dadswell, an experienced priest, consultant, and teacher.

There is reading and work to undertake in preparation for and between the blocks, to help participants apply the skills to the contexts in which they are currently operating. This training can be accessed as a standalone course, or as part of a postgraduate qualification in Theology & Ministry from Durham University (Postgraduate Certificate, Postgraduate Diploma, or MA; entry requirements apply). For more details [see this flyer](#) or email enquiries@cranmerhall.com.

PRAYER BOOK SOCIETY ANNUAL CONFERENCE 2018

What has the Book of Common Prayer ever done for us?
How the Prayer Book shaped our culture and why we still need it.
Thursday 20th – Saturday 22nd September 2018
Royal Agricultural University, Cirencester, Gloucestershire. Full Residential Fee £230. More details click [here](#).

CONTINUE THE AMAZING JOURNEY: FAMILIES AND FAITH AFTER BAPTISM

Discipleship is for all ages and stages. It's sometimes about how those already active in faith grow through encouraging and supporting others who are just starting to discover all that faith can mean in their lives. This 24 hour conference is for all who are interested in exploring practical ideas and research insights that help the families we meet through baptism to discover all that it

means to be on an amazing life-long journey of faith. It will include case studies from parish experience, ideas about the relationship with schools and toddler groups, and creative ways to encourage prayer. Building on national research, this 24 hour residential conference will help churches encourage families on a journey of discipleship and faith. £125 per person, special earlybird booking rate of £95 for all bookings received by 1 September 2018

Wed 17- Thurs 18 October 2018

The Hayes Conference Centre, Swanwick, Derbyshire. More information at www.familiesandfaith.org

SUPPORTING CLERGY AND OTHERS IN MINISTRY

....to be effective and fulfilled in ministry.

Coaching provides clarity in the context of complex ministerial demands. Coaching helps you to

- Manage workload and set priorities
- Improve time management
- Establish collaborative ministry
- Improve well-being and self-care
- Build resilience
- Take control of stressful situations
- Manage change
- Develop vision

Diane Benson is a local coach with a particular interest in working with clergy, creating confidential space to reflect, plan and move forward.

"Diane provided a non-judgemental space. With her help I have become more focussed and organised in my work. I highly recommend coaching with Diane." An Area Dean.

Contact Diane on 07951 582672 diane@dianebenson.co.uk
Up to one year's CMD Grant allocation (£240) can be used towards ministerial accompaniment out of a triennium.

OPTING OUT?

In the unlikely event that you do not wish to receive this monthly e-bulletin, please let our Team Administrator know – (details above).

Contact Us

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