

## Gather

Display large images of body parts such as a giant ear, giant eye, giant hand, giant foot—Ask pupils what might happen if their bodies were just made up of one large body part...

Our bodies are amazing. Scientists have estimated that the body contains 30 trillion cells. - Our lungs breathe in 8,000 to 9,000 litres of air every day.

- The heart pumps five litres of blood through the body at any one time.
  - An average heart beats over 100,000 times a day.
- There are about 100,000 miles of blood vessels in an adult body. That's the equivalent of going four times around the world!
  - We consume 30 tons of food throughout our life.

## Engage

**'Now you are the body of Christ, and each one of you is a part of it.'**  
**1 Corinthians 12:27**

Read the passage from an age-appropriate Bible. '344 Parts of One Body': The Barnabas Children's Bible by Rhona Davies, BRF, 2007

About 2000 years ago Paul wrote a letter to a group of Christians at the time. Some of them thought they were too important for the church and some of them thought they were not important enough for the church. Different people had different ideas and they wouldn't listen and learn from one another. The group argued and fell out. They weren't doing what they were supposed to. Paul wrote his letter to help them think about what it means to be a part of a community and he used the human body to help him make his point.

There is one body with many parts. Every part of the body has a purpose. Some parts work behind the scene while other parts are loud and obvious. (see notes for the teacher for further ideas)

Our diocesan family



Belonging and working together

## Respond

Action Prayer:



- (Hold out your hands) God, thank you for the people who are like hands, who help us and care for us.



- (Touch your eyes) Thank you for people who are like our eyes, who help us see the world in a different way.



- (Touch your ears) Thank you for the people who are like our ears, who listen to us and help us listen to others.



- (Touch your feet) Thank you for people who are like our feet, who we can depend on, and who guide us.

## Send

St Teresa of Ávila.

Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands through which he blesses all the world. Yours are the hands, yours are the feet, yours are the eyes, you are his body. Christ has no body now on earth but yours.

Set up a reflection area in the classroom (see separate sheet)

This activity is an opportunity for pupils to reflect on the theme of 'Our Diocesan Family' and to think about their place in the community.



## Engage—notes for the teacher

Have 3 pictures on the screen: one of your school one of your local church and one that is a map of the diocese.

You could use these points to draw out the meaning from the passage

**COMMUNITY** – This school is a community. Our town is a community. We're a community with our friends. These are really important and worth working for.

**CHURCH** – Christians believe that Jesus established the church as an example of what a good community could look like: A group of people living a life that follows the teaching and example of Jesus.

**DIOCESE**— as a church school we are part of a bigger family / community of church schools across the diocese

**COMMITMENT** – Communities and church involve commitment: A decision to place a priority on other people and our relationships with them.

**Display the following 2 quotes**

Martin Luther King 'others first always'.

Mother Theresa "I can do things you cannot, you can do things I cannot; together we can do great things."

Ask pupils what they think the quotes mean and how they might relate to the Bible passage

How could they live this out in school this week?

## Send

Set up a reflection area in the classroom

This activity is an opportunity for pupils to reflect on the theme of 'Our Diocesan Family' and to think about their place in the community.

### **You will need**

A large board or tray

Plasticine in various colours

A few plasticine people already made up

### **Instructions**

Put the board and coloured plasticine on the table

Before they begin making a plasticine person, encourage the students to think about community. What is it?

Ask them to think about the plasticine people already on the board

where do they think their 'place' in the community is? Invite them to make a plasticine model of themselves and to place it somewhere on the board.

### **You can use the following instructions to display.**

This school is a community. Our diocese is a community. Everyone is important.

Everyone contributes something. If anyone was missing then the community wouldn't be the same.

Where do you fit into this community?

What do you bring to this community?

If you want to, you can make a model of yourself out of plasticine and put it on the board with the others.