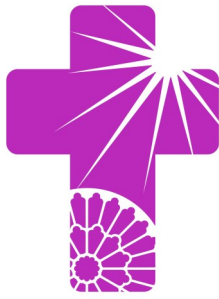


# LISTEN

This story can be read in Mark Chapter 14, verses 32-48 or you can watch Peter's story where he falls asleep when he is supposed to be watching and praying <https://vimeo.com/showcase/8147543>

# FEARFUL

## The Garden of Gethsemane



**Sleeping disciples—pretend to be asleep instead of watching and praying, but if someone catches you moving or peeping, then you are out!**

**One account of this story says that one of the disciples cut off a soldier's ear, but that Jesus put it back on again and healed it completely. Luke 22:45-53. Have a go at acting out the story taking it in turns to play the different parts of the soldiers and the disciples and talk about what they might have been feeling.**

# PLAY

**What are you most afraid of?**

# TALK

Which bit of the picture is your favourite?

Which bit of the picture is the most surprising?

Which bit of the picture would you change to show your own understanding of the story?



# PRAY

Being frightened of something that might harm us is not a bad thing, God gave us a healthy fear to protect us from doing stupid things. Trusting God when things are not working out the way that we had hoped can be difficult though.

Use the letters from the word

'TRUST' to help you talk to God about trusting him

**T**hank you that you are a good God who wants to bless us and has good plans for us.

Help me to **R**emember this when I am feeling frightened and unsure.

Help me to **U**se all the gifts and talents you have given me and the Holy Spirit to make wise choices

Provide me with safe people I can **S**peak to about my fears and worries

Give me the strength to **T**rust you.

Amen

# THINK

**Write or draw your hopes and fears on the leaves of the picture of the 'hopes, fears and promises tree'. See how God's promises on the roots of the tree match up with them.**

# MAKE