

# Rhythm OF LIFE

---

This collection of short prayers can be used by churches, individuals, and in small group settings

## Prayer

O God of faithful presence,  
you call us into communion with yourself;  
teach us to dwell attentively in prayer,  
that, listening for your living word,  
our hearts and minds  
may be shaped by your wisdom,  
and sustained in the peace of Christ.

## Scripture

O God of wisdom,  
you inspire our hearts and minds  
through your gift of Scripture;  
help us to receive and to respond to your Word,  
that we may be shaped into the likeness of Christ  
and continually learn to live faithfully.

## Worship

O God of holiness,  
enthroned in splendour and of great goodness,  
you call us to draw near  
that we may know your love and grace.  
In our worship, transform our hearts and minds  
and send us out to proclaim your holy love.

## Loving One Another

O God of justice,  
your beloved Son Jesus Christ said  
that love should be the defining nature  
of those who follow him.  
Continually pour your gift of love into our hearts,  
that we may be a source  
of abundant blessing to each another,  
and be people of peace and justice in the world.

## Living Generously

O God of abundance,  
you give freely all that we have and are;  
teach us to live  
with open hands and willing hearts,  
that, sharing generously in love and service,  
we may joyfully reflect your glory  
and rejoice together  
in your everlasting kingdom.

## Sharing Faith

O God of mercy,  
you call your people to bear witness  
to the light of Christ;  
strengthen us to share the good news,  
that, in word and in example,  
our lives may speak of your love  
and others may be drawn into  
the joy of your heavenly kingdom.

## Rest

O God of joy,  
you create all things in your image;  
help us to receive your recreative power of rest,  
that our souls, minds, and bodies  
may be renewed  
as we find joy in your heavenly peace.

